Health, human development and sustainability all contribute to sustainable human development. Once you have a good understanding of these concepts, you can practice predicting possible effects on each concept. I have attached a document that contains a table. With this table, you can practice possible ways that the three concepts interrelate.

It is also good to practice identifying the possible effects on these three concepts in a given scenario or as the result of a specified factor. If, for example, you were to consider how education may impact on sustainable human development, you might like to break it down in the following way:

**Health:** An educated population are more able to earn an income which increases access to safe water and sanitation. A clean water supply reduces the risk of contracting infectious and parasitic diseases such as cholera and dysentery.

**Human Development:** The higher incomes earned by an educated population mean that parents are better able to send their children to school. This increases their access to knowledge and expands their capabilities.

**Sustainability:** Educated parents are more likely to educate their children which increases sustainability. This increases the chances of higher incomes for the next generation and the cycle is more likely to continue.

Practice doing this with a range of factors (peace, gender equality, political stability, physical environments etc). On the attached document, you will find a section at the bottom where you can practice this skill.

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| **impacts on** | **Health** | **Human Development** | **Sustainability** |
| **Health** |  | Optimal health can mean that people are able to participate in leisure activities for example. This promotes human development as people are able to lead lives they value and lead full and productive lives in accordance with their needs and interests. Good health means they may be able to attend school or work, which increases access to knowledge and expands capabilities which are also aspects of human development. | A community that is living in ill health would not prioritise sustainable practices and may exploit resources in an attempt to produce an income so they can access health care or food in order to survive. |
| **Human Development** | If people are persecuted for their religious beliefs or race , they may not be able to access resources such as health care. This can cause simple problems to go undiagnosed and lead to further complications |  | A good level of human development means that people are living lives with value. This could encourage them to pass their knowledge and skills to their children which promotes sustainability and future generations are more equipped to manage their own lives |
| **Sustainability** | If the water supply is not sustainable, infections such as diarrhoeal disease or parasites can occur as contaminated water stores are used | Non sustainable resources will eventually run out which will leave future generation without a sources of income or food. This can mean that many more hours spent generating a food source is required, reducing time people are able to participate in activities that they value, impacting on quality of life |  |

How might \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ impact on health, human development and sustainability?

Health:

Human Development:

Sustainability: