**OTTAWA CHARTER**

Apply the elements of the Ottawa Charter to the following health concerns

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| --- | --- | --- | --- | --- | --- |
| HEALTH CONCERN | Build healthy public policy | Create supportive environments | Strengthen community action | Develop personal skills | Reorient health services |
| Childhood Obesity | Develop a healthy lunch policy. | Run a school breakfast programs and make the canteen a healthy food zone. | Develop a whole school approach to healthy eating | Teach students about healthy eating so that they can make healthy choices. Provide students with the skills to prepare healthy foods. | Invite a local doctor to school to discuss the risks associated with a poor diet. |
| Mental illness and depression amongst Australian youth |  |  |  |  |  |
| **Relating Vic Health to the Ottawa Character** | | | | | |
| **Vic Health** |  |  |  |  |  |

**Define the social model of health:**

Fill in the table for the principles of the social model of health to a selected health concern.

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| --- | --- | --- | --- | --- | --- |
| HEALTH CONCERN | Address all determinants of health | Reduce social inequities | Empower individuals and the community | Accessibility to healthcare | Involves intersectorial collaboration |
| Childhood Obesity  Or  Mental illness and depression amongst Australian youth |  |  |  |  |  |
| **Relating Vic Health to the Social Model of health** | | | | | |
| **Vic Health** | Vic health acknowledges the influence of social, economic, cultural and physical environments as determinants yet it also acknowledges lifestyle, genetics and income. |  |  | NA |  |