Vic Health work sheet



**The VicHealth priorities** as identified in the VicHealth Strategy and Business Plan 2009–2013 are:

* **reducing smoking**
* **improving nutrition**
* **reducing harm from alcohol**
* **increasing physical activity**
* **increasing social and economic participation**
* **reducing harm from UV exposure**.

**The VicHealth mission statement is: ‘VicHealth envisages a community where:**

* health is a fundamental human right
* everyone shares in the responsibility for promoting health
* everyone benefits from improved health outcomes

‘**Our mission is to build the capabilities of organisations, communities and individuals in ways that:**

* **change social, economic, cultural and physical environments to improve health for all Victorians**
* **strengthen the understanding and the skills of individuals in ways that support their efforts to achieve and maintain health.**’

**Please note**:

**Your text book may include the values of vic health this is no longer par to f the study design please only refer to the VicHealth Mission Statement and the priorities identified in the VicHealth Strategy and**

**Business Plan 2009–2013**

# Activity 1

1. Log onto the VicHealth website at www.vichealth.vic.gov.au/Funding-Opportunities.aspx and select a particular project that has been funded by VicHealth.
2. Prepare a report of this project and include the following:
* An overview of the funding scheme
* A statement of why it is an important project to fund
* An outline of the main beneficiaries of the project
* A list of possible positive outcomes of the project
* Some possible negative outcomes of this project. (Explain how such outcomes could be avoided)
* An evaluation of whether this funding is worthwhile. (Could this money have been better spent elsewhere?)
* An outline of how this project is beneficial to health (Physical, social and mental health)

# Activity 2

Investigate a program for each the six priority areas:

* **reducing smoking**
* **improving nutrition**
* **reducing harm from alcohol**
* **increasing physical activity**
* **increasing social and economic participation**
* **reducing harm from UV exposure**.

For each program include:

* an overview of the program/project
* • an explanation of why this program/project is a priority for VicHealth
* • an outline of some of the strategies being employed by Vic Health to promote health in this area
* • a discussion of whether this program/project reflects the five key principles of the social model of health. (Explain by giving an example from your program/project that fits into each of those five key principles)
* • an explanation of actual or potential (or both) health outcomes of this program. If positive outcomes have already been demonstrated, use statistics to strengthen your explanation
* • a statement about what else you think can be done to help in the future to promote health for all Australians in this area.